

Two recipes

CRISP BISCUITS WITH ALMONDS

7 oz of flour
4 oz of plain almonds
2 oz of almond powder
1 tea spoon of yeast
salt
2 eggs
2 oz of butter
5 oz of sugar
3.5 oz of icing sugar
a few drops of vanilla
a few drops of bitter almond

THE THIÉBOUDIENNE

800 g of fish
100 g dried cod
200 grams of long rice
1 can of concentrated tomatoes
1 green pepper
1 red pepper
4 carrots
3 table spoon of peanuts
150 g of sweet potatoes
3 onions
4 eggplants
1 branch of parsley
1 branch of thyme